Revised CGHS Rates and Guidelines for reimbursement/ settlement of Ayurvedic treatment expenditure claims under CGHS.

List of diseases/disease conditions needing hospitalization of the patients, indicative therapies and likely duration of hospitalization-

Sl. No	Disease	Condition needing hospitalization	Indicated therapies required as per the condition of patient	Likely duration of hospitalization
1.	SwasaRoga, KasaRoga (Restrictive /Obstructive Pulmonary Diseases, Bronchial Asthma, Emphysema, COPD..etc)	• Breathing difficulty • Cough • Fever	Snehapana, Abhyanga, Nadeesweda, Vamana, Virechana, Kavala, Dhoomapana, Nasya, Pizhichil, Thakra Dhara, Urovasthi, Taila Vasthi, Kashaya Vasthi,Pichu, Thailam, Kashay Dhara, Dhanyamla Dhara, Lepam	7-28 DAYS
2	Greevastambha, Greevashundana (Cervical spondylosis, Cervical spondylitis, Ankylosing spondylitis of cervical spine, Cervical disc prolapse.etc)	• Persisting or radiating pain in cervical region • Restricted neck movements • Tenderness • Numbness • Vertigo	Abhyanga, Lepa, Upanaha, Jambeerapindasweda,, Kukkutandapindasweda, Shashtikapindasweda, Churnapindasweda, Pizhichil, Pathrapindasweda, Dhanyamlapindasweda, Dhanyamladhara, Pichu, Valukasweda, Aanchanam, Sthanika Sekam, Nadeesweda, Greevavasthi, Nasya, Kavala, Dhoomapana, Sirovasthi, Snehapana,Vamana,	7-28 DAYS

डॉ० संगीता ए दुग्गल
Dr. (Mrs) Sangeeta A. Duggal
संयुक्त निदेशक/Joint Director (AYUSH)

			Virechana, Kashaya Vasthi, Thailavasthi, Thalam, Veshtanam, Dhanya Pindasweda, Valuka Sweda	
3	Kateegraha, gridhrasi, kateesoolatrikapristakateegraha, (Sciatica, Low Back Pain/Ache, I.V.D.P, Spondylolysthesis...etc)	• Persistent or radiating back pain • Restricted movements of low back/ hip region • Tenderness • Burning sensation	KatiVasthi, PrishtaVasthi, Agnikarma, Kati-pichu, SiraVyadha/Siravedha, Virechana Abhyanga, Lepa, Upanaha, Jambeerapindasweda, Kukkutandapindasweda, Shashtikapindasweda, Churnapindasweda, Pizhichil, Pathrapindasweda, Dhanyamla Pindasweda, Dhanyamla Dhara, Pichu, Valukasweda, Aanchanam, Sthanika sekam, Nadeesweda, Kati Vasthi, Avagaha, Snehapana, Virechana, Thailavasthi, Kashayavasthi, Ksheeradhara, Prishtasandhi-marma abhyanga (Lumbar manipulation), Veshtana, Dhanya pindasweda, Valuka sweda	7- 28 DAYS
4	Apabahuka, Viswachi (Frozen shoulder, Periarthritis, Tendinitis,	• Radiating or local pain in shoulder region • Restricted shoulder movements • Tenderness • Numbness	Agnikarma, Abhyanga, Lepa, Upanaha, Veshtanam, Jambeerapindasweda, Kukkutandapindasweda, Shashtikapindasweda, Churnapindasweda, Pizhichil,	7-28 DAYS

डा० संगीता ए दुग्गल
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	Brachial neuralgia....etc)	• Muscle wasting	Pathrapindasweda, Dhanyamlapindasweda, Dhanyamladhara, Pichu, Valukasweda, Aanchanam, Sthanika sekam, Nadeesweda, Greevavasthi, Nasya, KaVala, Dhoomapana, Sirovasthi, Snehapana, Vamana, Thailavasthi, Kashayavasthi, Dhanya pindasweda, Valuka sweda, Mamsa pindasweda	
5	Pakshaghata (Paralysis, Hemiplegia, Hemiparesis...etc)	• Weakness of one side of the body • Stiffness of muscles • Muscle weakness • Numbness • Pain • Tremor • Difficulty in speech	virechana, kashaya vasthi, taila vasthi, shashtikapindasweda, pathra pindasweda, choorna pindasweda, jambeera pindasweda, dhanyamla pindasweda, sirovasthi, thalapothichil, pichu,seka, nasya, kabala, dhoomapana, abhyanga, thalam, moordhathailam, pizhichil, thailadhara, kashayadahara, ksheeradhara, ksheera dhoomam, jihwalepam, nadeeswedam, valuka sweda, mamsa pindasweda	14 – 35 DAYS
6	Kampavata(Neuro-spastic conditions, Parkinson's	• Tremor • Stiffness of muscles • Muscle weakness • Walking	pizhichil, nasya, kabala, gandoosha, dhoomapana, sirovasthi, ushmasweda, pichu, choornapindasweda,	14- 28 DAYS

डा० संगीता ए दुग्गल
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	disease..etc)	difficulty • Sluttering movements • Difficulty in speech	pathrapindasweda, jambeerapindasweda, shashtikapindasweda,lepa,abhyanga, nadeesweda,ksheeradhooma, thailavasthi, kashayavasthi, ksheeradhara-full body (different varities), dhanyamlapindasweda, dhanyapindasweda, mamsapindasweda	
7	Ardita (Facial Paralysis..etc)	• Weakness of facial muscles • Drooping of eye lids • Numbness of facial muscles • Salivation	murdhataila, nasya, kabala, dhoomapana, mukhabhyanga, nadeesweda, gandushaksheeradhooma, karnapoorana, akshitharpana, thalam, thailadhara,thakradhara, sirovasthi, pichu, thalapothichil/sirolepa, virechana, tailavasthi, kashayavasthi, choornapindasweda, pathrapindasweda, annalepa/ navaratheppu- sthanika	7-21 DAYS
8	Vatarakta (gouti arthritis ischaemic limb, sle, rheumatoid arthritis..etc), kroshtukasheersha	• Joint pain • Swelling • Tenderness • Deformity • Burning sensation • Discolouration	kashaya vasthi, thaila vasthi, virechana, parisheka, rakthamoksham-jaloukavacharana, siravedha, patra pinda sweda, nadee sweda, veshtana, valuka sweda, choorna pinda	14-28 DAYS

डा० संगीता ए दुग्गल
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			sweda, shashtika pinda sweda, dhanyamla dhara, dhanyamla pinda sweda, ksheera dhara, kashaya dhara,lepana, upanaha, avagaha, snehapana, pizhichil	
9	Amavata (Connective tissue disorder, Rheumatic fever..etc)	• Heaviness of body • Body ache • Immobility • Fever • Swelling • Pain in low back	virechana, kashaya vasthi, thaila vasthi, valuka sweda, choorna pinda sweda, dhanyamla pinda sweda, dhanyamla dhara, rakthamokshana, upanaha, lepana, dhanya pindasweda, nadee swedam	14-28 DAYS
10	Sarvanga Vata (Cerebral atrophy, Cerebral Diplegia, Motor-Neuron diseases, M.N.D, M.S, C.P..etc), SUPTHI (Neurological disorders, Fibromyalgia..etc)	• Generalized pain • Stiffness • Numbness • Weakness • Feeling of coldness	Shastikapidna sweda, Kaya Seka/Pizhichil, Annalepana/Navaratheppu, Abhyanga, Kashayavasthi, thailavasthi, Shiropichu, Snehapana, ChoornaPindasweda, DhanyamlaDhara, DhanyamlaPindaSweda, PathraPindaSweda, Thailadhara, ThakraDhara, Sirolepam, Nasyam, Ksheeradhara, MamsaPindasweda	14-28 DAYS
11	Sandhigatavata (DEGENERATIVE JOINT	• Joint pain • Restricted joint movements • Stiffness	Januvasti, Kashaya vasthi, Thaila Vasthi, Prushta Vasthi, Katee Vasthi, Greeva	14-28 Days

डा० संगीता ए दुग्गल
Dr. (Mrs) Sangeeta A. Duggal

	DISORDERS, TENNIS ELBOW), VATHAKANDAKAM (CALCANEAL SPUR)	• Crepitus	Vasthi, Jaloukavacharana, Choorna Pindsweda, Pathra Pinda Sweda, Shashtika Pinda Sweda, Sthanika Annalepa, Sthanika Vasthi, Upanaha, Lepa, Pichu, Snehapana, Parisheka, Veshtana, Mamsakkizhi,Ksheeradhara, Pizhichil	
12	Twak Vikara (Skin Diseases), Kitibha, Ekakushta, Vicharchika, Gajacharma (Lichen Planus, Psoriasis, Eczema..etc)	• Discolouration • Itching • Scaling • Oozing • Peeling • Burning sensation • Numbness	Vamana, Virechana, Nehapana, Rakthamokshana- (Jaloukavacharana, prachana, siravedha/ siravyadha) , Parisheka, Takradhara, Lepa, KashayaDhara, KashayaVasthi,TailaVasthi, Kshalana, Abhyanga, NadeeSweda	8-28 Days
13	Visarpa (Cellulitis, Erisepelus, Necrotising Cellulitis, Impetigo, Pemphiguos vulgaris...etc), Grandhi, Arbuda(Benign & Malignant growths, Hodgkins	• Rashes • Blisters • Itching • Oozing • Burning sensation • Pain • Growths	Rakthamokshana, Jalukavacharana, Vamana, virechana, Kashaya Vasthi, Thaila Vasthi, Kashaya Dhara, Thakra Dhara, Abhyanga, lepa,	14- 28 Days

डा० संगीता ए दुग्गल
Dr. (Mrs) Sangeeta A. Duggal
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	disease..etc)),			
14	Arsha, Bhagandara, Parikarthika (Haemorrhoid, Fistula in ano, Fissure in ano..etc), NADEE VRANA (Pilonoidal sinus..etc)	• Constipation • Pain in anal region • Itching around anus • Burning sensation • Prolapse of mass from anus • Bleeding from anus • Pus from anus	Virechana, Avagaha, Upanaha, Lepa, Taila Vasthi-Mathravasthi, Kshalana, Thakrapana, Varthi, Ksharakarma,Ksharasoothra, Agnikarma Varieties Like Classical/ Infra Red Coagulation/ High Frequency Coagulation/ Radio Frequency coagulation ..etc, suction aided ring ligation procedure, Kshara Pathana, Taila Daha, Dhoopana, Goshbanabandha,	1-7 DAYS
15	Moothraghata, Moothrakruchra, Asmari (Renal disfunction, Renal/Urinary Calculi, Urinary Disfunction/ Obstruction...etc)	• Painful micturition or Pain in scrotum and penis with decreased urine output • Presence of blood with urine may be present	Snehapana, Nadee Sweda, Virechana, Avagaha, Kashaya vasthi, Taila Vasthi, Abhyanga,Uthara Vasthi, Lepa, Dhara-Sthanika	14-28 DAYS
16	Kashtarthava, Kruchrarthava, Artava Dushti, Yonee Roga , Rakthapradara (Amenorrhoea, Dysmenorrhoea,	• Severe pain with menstruation • Very less menstrual flow or no Menstruation • Irregular menstruation • Abnormal menstruation	Vamana, virechana, Kashaya vasthi, Thaila Vasthi, Nasya, snehapana, Uthara vasthi, Yoni Prakshalana, Udwarthana, Dhanyamla Dhara, Dhanyamla Pinda	14- 28 DAYS

डा० संगीता ए दुग्गल
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संयुक्त निदेशक/Joint Director (AYUSH)

	PCOD/ PCOS, D.U.B..etc)		Sweda, Avagaha , Yonidhavana, Yoni Pichu, Yoni Poorana, Yoni Dhoopana, Abhyanga, Ksharakarma, Nadeesweda	
17	Mamsagata Vikara, Mamsakshaya (Muscular Dystrophy...etc)	• Weakness of muscles • Wastage of muscles	Choorna Pindasweda, Pathra Pinda Sweda, Swedana, Shashtika Pinda Sweda, mamsa Pinda Sweda, Annalepa, Vesthanam, Pizhichil, Udwarthana, Upanaha, Matra Vasthi, Kashaya Vasthi	14-28 DAYS
18	Dristidosha-Asama Drishti, Nethraja Rakthapitham, Jeerna Nethrabhishyandam, Sushkakshipakam, Adhimandam,Nakulandhyam, Puyalasa, Chathurtha Patalagatha Vikara (Refractive errors, Chronic Allergic & Inflamatory diseases, Chronic	• Diminished vision • Photophobia • Dyplopia • Watering of eyes • Pus formation in eyes • Itching of eyes • Strain & pain in eyes • Restricted field of vision • Headache	Tharpana, aschothana, Nasya, Eye exercises, Anjana, Putapaka, Shashtika Pindasweda- Sthanika, Kashaya Vasthi, Thaila Vasthi, Jaloukavacharana, Nethra Dhara/ Akshi Seka, Sirovasthi, Taila Dhara, Thakra Dhara, Pichu, Dhoomapana, Snehapana, Virechana,Pindi, Vitalaka, Kshalana, Sirolepa,Sirolepam, Thalam,Eshana, Bhedana	7-28 DAYS

डा० संगीता ए दुग्गल
Dr. (Mrs) Sangeeta A. Duggal
संयुक्त निदेशक/Joint Director (AYUSH)

	Conjunctivitis, Dry Eye Syndrom, Retinitis Pigmentosa, Night Blindness, Dacrocystitis, A.R.M.D, Retinopathy, Blepharospasm.. etc)			
19	Sirasoola, Sooryavartham, Ardhavabhedakam(Migraine, Headache...etc)	• Severe headache • Heaviness of head • Nausea • Photophobia	Snehapana, Nadee Sweda, Nasya, Vamana, Virechana, Dhoomapana, Kabala, Gandoosha, Thalam, Moordha Taila, Pichu-Siropichu, Sirovasthi, Tailadhara, Thakradhara	7- 21 DAYS
20	Khanja ,Pangu-Abhigathaja, AbhighatajaVikara(Restricted movements due to fracture/ dislocation..etc)	• Dislocation of bone/ cartilage/ vertebrae • Pain • Swelling • Restricted or painful movements of associated area/ nearby muscles	Veshtanam, Lepam, Dhara-Sthanika, Kukkutanda Pinda Sweda, Jambeera Pindasweda, Shashtika Pinda Sweda, Annalepa, Choorna Pindasweda, Pathra Pindasweda, Pizhichil, Dhanyamla Dhara, Pichu, Abhyanga	14-21 DAYS

2. Unit Cost of Ayurvedic therapies/interventions in OPD/IPD -

Unit cost per therapy/intervention means cost of procedure including cost of medicines used in the procedure as under.

Therapy/Intervention		
No	**Treatment Name**	**Unit Cost in Rupees**
1	Abhyanga	1145
2	Abhyanga- Sthanika	570
3	Abhyanga + Sweda	1280

डा० संगीता ए दुग्गल
Dr. (Mrs) Sangeeta A. Duggal
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4	Avagaha	765
5	Anjana	340
6	Aanchana (Traction)	480
7	Annalepa/Njavaratheppu- Full body	1290
8	Annalepa/Njavaratheppu - Sthanikam	755
9	Aschothana	335
10	Agnikarma-Infra Red Coagulation (Package rate for full Course of treatment)	10,000
11	Agnikarma- High frequency Coagulation (Package rate for full course of treatment)	10,000
12	Agnikarma- Radio frequency Coagulation (Package rate for full course of treatment)	10,000
13	Achasnehapana/day	440
14	Bhedana (of eye)	565
15	BhagnaBandhana (Fracture Bandage with Reduction &Immobilisation)	885
16	ChoornaPindaSweda/Podikkizhi-Full Body	1210
17	ChoornaPindaSweda/Podikkizhi- Sthanika/Ekangam	715
18	DhanyaPindaswedam/Dhanyakkizhi/ Navadhanyakkizhi-Full body	1245
19	Dhara/Sirodhara-Thaila	1420
20	Dhanyamladhara-Sthanika/Local -KateeDharaetc	705
21	Dhoopana	480
22	Dhoomapana	460
23	DhanyamlaPindaSweda/ Dhanyamlakkizhi/Kaatikkizhi-Full Body	1240
24	Eshana	565
25	Greevavasthi	845
26	Gandoosha	390
27	Goshbanabandha	300
28	Jaloukavacharana	745
29	Jambeerapindasweda/ Narangakkizhi-Full Body	1190
30	Januvasthi	845
31	Kabala	390
32	Kateevasthi	845
33	Kashayavasthi (Niroohavasthi)-Different varieties	1030
34	KashayaDhara- Full Body	1045
35	KashayaDhara -Ekangam/ Local	635
36	KsheeraDhara(Medicated-different varities) -full body	1155
37	KsheeraDhooma	735
38	Kshara karma (Package rate for full course of treatment)	10,000
39	Ksharasoothra-Low level fistula (Package rate for full course of treatment)	10,000
40	Ksharasoothra-Middle level fistula (Package rate for full course of treatment)	10,000
41	Ksharasoothra- High level fistula (Package rate for full course of treatment)	10,000
42	Kshalana	355
43	KsharaPathana(Package rate for full course of treatment)	10,000
44	Karnapoorana	350

डा० संगीता ए दुग्गल
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45	Kuttanam	540
46	Lekhana	540
47	Lepa/Lepana-Local	390
48	Mathravasthi	350
49	MamsaPindaSweda/Mamsakkizhi-Full Body	1420
50	MamsaPindaSweda/Mamsakkizhi-Sthanikam/Ekangam	820
51	Mukhalepa	490
52	Moordhataila	315
53	Nadeesweda/Snigdhasweda - Full	580
54	Nadeesweda/Snigdhasweda - Ekangam/Local	450
55	Nethradhara/Akshiseka	595
56	Nasya	600
57	PathraPindaSweda/Ilakkizhi-Full	1220
58	PathraPindaSweda/Ilakkizhi-sthanika/Ekangam	720
59	Pizhichil/Kayaseka - Full Body	1995
60	Pizhichil - Sthanikam/Ekangam/Local	1105
61	Pichu	410
62	Prushtavasthi	845
63	Putapaka	850
64	Prachanna	590
65	Pindi	450
66	ShashtikapindaSweda/Navarakkizhi-full body	1320
67	ShashtikapindaSweda/ Navarakkizhi-Ekangam/Sthanikam	770
68	Sirovasthi	970
69	Snehapana/day	440
70	Sirolepa/Thalapothichil	1120
71	Siravyadha/Siravedha/Rakthamoksha	640
72	TailaVasthi	710
73	Thakradhara	1145
74	Thalam	410
75	Tharpana	735
76	Tailadaha (Package rate for full course of treatment)	10,000
77	Thakrapana	250
78	Utharavasthi	1100
79	Udwarthana	1095
80	Urovasthi	845
81	Upanaha/Upanahasweda	590
82	Vamana	745
83	Virechana	355
84	Valukasweda/Manalkkizhi- Full Body	1080
85	Vitalaka/Bitalaka	450
86	Yoniprakshalana	500
87	Yonidhavana	500
88	Yoni Pichu	460
89	Yoni Poorana	460
90	Yoni Dhoopana	335
91	Valukasweda/Manalkkizhi- Sthanikam	655
92	Ksheeradhara-Head	1095
93	Jambeerapindasweda/ Narangakkizhi-sthanika/Local	735
94	Dhanyapindasweda-Sthanika/Local	730

डा० संगीता ए दुग्गल
Dr. (Mrs) Sangeeta A. Duggal

95	Dhanyamlapindasweda/ Katikkizhi-Sthanika	705
96	Veshtanam	330
97	Agnikarma (Classical with PanchalohaSalaka)	995

3. Determination of treatment expenditure for payment/reimbursement

For the purpose of settlement of Ayurvedic treatment expenditure under CGHS , following criteria shall be applied-

a) Above-mentioned rates of therapies/interventions shall be benchmarks for calculating treatment expenditure.

b) The above unit rates are inclusive of the cost implication of materials, medicines, accessories, equipment maintenance , manpower (medical, paramedical and nursing) and diet used in imparting therapies except room rent of the hospitalization.

c) Pre and post procedure cost will be chargeable @ Rs 75 per day.

d) Room rent , wherever applicable shall be chargeable as per the rates prescribed in the OM.

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